



# College Track Semester Zero at Northern Arizona University

Village(s): 1 - 4 | Group: Blue A Sciences

Sunday	Monday	Tuesday
	7:30 or 8:00 am <b>Breakfast</b> @ Hot Spot	7:30 or 8:00 am <b>Breakfast</b> @ Hot Spot
	8:30 or 9:00 am <b>Village Time</b> @ Tinsley 123	9:00 am <b>Sciences</b> @ Science & Health 105
	9:30 – 11:00 am <b>Convocation</b> @ High Country Conference Center	10:15 am <b>Career</b> @ Physical Science 103
	11:30 am or 12:00 pm <b>Lunch</b> @ Hot Spot	11:30 am or 12:00 pm <b>Lunch</b> @ Hot Spot
Check-In, settle into room, (optional) participate in activities @ Central Quad	1:15 pm <b>Sciences</b> @ Science & Health 105	1:15 pm <b>College Prep 2</b> @ Physical Science 233
4:00 pm <b>Village Time</b> @ Tinsley 123	2:30 pm <b>Nutrition</b> @ Science Annex 106	2:30 pm <b>College Prep 3</b> @ Science & Health 211
	3:45 pm <b>College Prep 1</b> @ Physical Science 103	3:45 pm <b>Wellness Tour</b> @ Meet mentor on pedway
5 or 5:30 pm <b>Dinner</b> @ Hot Spot	5 or 5:30 pm <b>Dinner</b> @ Hot Spot	5 or 5:30 pm <b>Dinner</b> @ Hot Spot
6:30 – 7:45 pm <b>Semester Zero Orientation</b> @ Physical Science 103	6:30 – 8:30 pm <b>Rec The Night</b> @ HLC Campus Recreation	6:30 – 8:30 pm <b>Evening Activity Choices</b>
8:00 – 9:15 pm <b>Village Time</b> @ Tinsley 123	8:45 pm <b>Village Time</b> @ Tinsley 123	<ul style="list-style-type: none"> <li>• <b>Volleyball</b> @ Campus Rec MAC Gym</li> <li>• <b>Video &amp; Tabletop Games</b> @ Campus Rec Exercise Suite</li> <li>• <b>Yoga Classes</b> @ Campus Rec Exercise Suite</li> <li>• <b>Karaoke</b> @ HLC 3108</li> <li>• <b>Bingo</b> @ HLC 3113</li> </ul>
10:00 pm Lights Out	10:00 pm Lights Out	8:45 pm <b>Village Time</b> @ Tinsley 123
		10:00 pm Lights Out

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Wednesday	Thursday	Friday	Saturday
7:30 or 8:00 am <b>Breakfast @ Hot Spot</b>	7:30 or 8:00 am <b>Breakfast @ Hot Spot</b>	7:30 or 8:00 am <b>Breakfast @ Hot Spot</b>	7:30 or 8:00 am <b>Breakfast @ Hot Spot</b>
9:00 am <b>Sciences @ Science &amp; Health 105</b>	9:00 am <b>Sciences @ Science &amp; Health 105</b>	9:00 am <b>Academic Reflection @ Physical Science 103</b>	Check-Out and departure Be at bus by _____
10:15 am <b>Experiential Panel @ Science Annex 106</b>	10:15 am <b>Academic Tour @ Meet mentor on pedway</b>	10:15 am <b>Career Reflection @ Physical Science 233</b>	
11:30 am or 12:00 pm <b>Lunch @ Hot Spot</b>	11:30 am or 12:00 pm <b>Lunch @ Hot Spot</b>	11:30 am or 12:00 pm <b>Lunch @ Hot Spot</b>	
1:15 pm <b>Emotional/Mental Health @ Physical Science 103</b>	1:15 pm <b>Away from Home @ Physical Science 103</b>	1:15 pm <b>Wellness Reflection @ Science Annex 106</b>	
2:30 pm <b>College Prep 4 @ Science &amp; Health 211</b>	2:30 pm <b>College Prep 5 @ Science Annex 106</b>	2:30 pm <b>Community Reflection @ Science &amp; Health 211</b>	
3:45 pm <b>Cultural Wellness @ Science Annex 106</b>	3:45 pm <b>Friendships @ Science &amp; Health 211</b>	3:45 pm Pack up belongings	
5 or 5:30 pm <b>Dinner @ Hot Spot</b>	5 or 5:30 pm <b>Dinner @ Hot Spot</b>	5 or 5:30 pm <b>Dinner @ Hot Spot</b>	
6:30 – 8:30 pm <b>Evening Activity Choices</b> <ul style="list-style-type: none"> <li>• <b>Basketball @ Campus Rec MAC Gym</b></li> <li>• <b>Video &amp; Tabletop Games @ Campus Rec Exercise Suite</b></li> <li>• <b>Cycle Classes @ Campus Rec Exercise Suite</b></li> <li>• <b>Skate Night @ Field House</b></li> <li>• <b>Film Screening @ Cline Library Auditorium</b></li> </ul>	6:30 – 8:30 pm <b>Evening Activity Choices</b> <ul style="list-style-type: none"> <li>• <b>Ball TBD @ Campus Rec MAC Gym</b></li> <li>• <b>Video &amp; Tabletop Games @ Campus Rec Exercise Suite</b></li> <li>• <b>Dance Classes @ Campus Rec Exercise Suite</b></li> <li>• <b>Game Show @ IMQ in Field House</b></li> <li>• <b>MakerLab @ Cline Library</b></li> </ul>	6:30 - 8:30 pm <b>Group Picture &amp; Lumberjack Challenge @ West Lawn/Field House</b>  8:45 pm <b>Village Time @ Tinsley 123</b>  10:00 pm Lights Out	
8:45 pm <b>Village Time @ Tinsley 123</b>	8:45 pm <b>Village Time @ Tinsley 123</b>		
10:00 pm Lights Out	10:00 pm Lights Out		